

# C

## ***INFINITE CIRCLE OF LIGHT***

**I AM an Infinite Circle of Light.**

**I AM Ascended and Free.**

**I AM inclusive of all life,  
*living free in the Light.***

**I AM THAT I AM**

From within this Infinite Circle of Light:

***The Gathering of Ascended Humanity, in union with  
the Royal Kingdoms of Angels & Elementals  
through the Cohesive Power of Divine Love  
uniting all Life in its Ascended State,***

now emerges into Humanity as the...  
Theme and Thoughtform of the Month...

**THE HOLY GRAIL OF DIVINE LOVE**

**I AM the Gathering of Ascended Humanity  
and I AM gathering Humanity's Ascending Energies!**



# SACRED TEMPLATE

## BREATHING STATEMENT

(empty of self and breathing as only Eternal Flame)

I AM Inbreathing and Absorbing the Flame of Cohesive Love,  
gathering all Ascending Energies into the rebirth of the I AM Race.

I AM Expanding and Projecting the Flame of Cohesive Love,  
gathering all Ascending Energies into the rebirth of the I AM Race.

## AFFIRMATION

(or, given as a song)

### I AM THY CUP

I AM within the stream  
of my Christ's own flowing Love.  
I hold my CUP straight up to thee  
Great Presence of all Love.  
Fill now this offered CUP  
Till it runneth sweetly o'er,  
as I now stand within Thy stream  
to Love and to Adore.

Here now I offer Thee  
All my self, thy Holy Grail  
Beloved Holy Pure Christ Self  
Thy life in all I hail!  
My CUP now runneth o'er  
As I hold me up to thee,  
Beloved Presence of my life  
I AM at one with Thee.  
I AM at one with Thee  
My whole self, Thyself, all Free!  
For so it ordained to be  
through all Eternity!  
Myself, Thyself ...just Thee!  
Thine own will now done in me!  
Beloved Presence of my life,  
I AM at One with Thee!

## ASCENSION CONCEPTS

OUR PURPOSE: ...why are we here and what are we really doing?  
How is the Gathering of Ascended Humanity making a difference in the evolution of Humanity?

Beloved co-servers in the Gathering of Ascended Humanity, let us review several important concepts in our specific service of Ascended and Free. There is much goodness (Godness) in the quiet majority of Humanity. They desire and seek this 'goodness' for themselves and for all other life. Such goodness uniquely represents each one's 'Christ in Action' along all of the Rays of Divinity. This Forcefield of goodness is unstructured and spontaneous. Thus, it requires a Forcefield of cohesion through which to be best applied toward the Spiritual Freedom of Earth.

Ascending Energies include the dreams, desires and efforts (physical and spiritual) of all Humanity towards a better Earth ...all done in the Name of Divine Love and Harmony, all truly constructive energies. This 'gathering of Divine Energies' also includes the Celestial influx from Cosmic Beings directed into Earth's atmosphere through the various 'Cosmic Events' (certain astrological alignments, opening of certain 'Portals' or other main influxes of Cosmic Energies).

But as we progress towards an Ascended and Free Earth, the principle source of Divine Energy, Vibration and Consciousness that ensures our Victory becomes that which is pouring through each Mighty God Presence of Humanity! Contemplate this! This is then augmented by the Divine Energies through Cosmic Events. So, our main focus is then 'gathering' all the Divine Energies coming through Humanity's Creative Faculties ...something that is continuously occurring ...rather than focusing so much on sporadic Cosmic Events.

We strive to accomplish both, but with our main focus on the continuous Resurrection of every Solar Christ Self. For such service represents the return of the I AM Race and her reclaiming Earth ...thus assuming the Divine Direction of her immediate future! This is everything we came to do! This is also why in our service together it may seem there is less emphasis on sporadic Cosmic Events, and more emphasis on the daily, rhythmic holding of the Immaculate Concept of Ascended and Free Humanity.

From the perspective of Universal I AM, more Lightworkers are naturally drawn to these ‘events’ rather than a continuity of daily, rhythmic service. Thus, in creating the I AM Race, it requires certain Lightservers to be entirely dedicated to anchoring the timeless concepts of Ascended and Free Consciousness. This is the purpose of the Gathering of Ascended Humanity ...the Cup of Ascended and Free energies purposely gathering and directing all unfolding goodness within Humanity’s development toward her Ascension in the Light and the expression of every Solar Christ Self!

As developing Ascended Masters, our application of Consciousness requires that we give this service in a sustained and organized manner. The Seven Steps to Precipitation describe this process in some detail. But for general daily application, enfolding everything in the Cohesive Power of Divine Love produces the same effect, without necessarily going through all the specific steps. The Steps to Precipitation are the attributes of the Seven Rays as they were originally employed by the Seven Elohim in the creation of Earth and her Heavenly Spheres.

These Seven Steps to Precipitation build the Seven-fold Planetary Christ utilizing the Seven Rays (with Six and Seven reversed in this particular exercise of precipitation). This activity also refreshes our Inner Training in the Seven Spheres of Divinity we all achieved before being allowed to embody. These Seven Spheres (or steps) are: Divine Will (assimilating the purpose or ‘mission statement’ from Father/Mother God); God Illumination (fully absorbing the Divine Plan or Thoughtform capturing the purpose); Divine Love (centered only in the cohesion or oneness of all emotional energies involved); Purity (remaining ‘on purpose’ to the original or ‘highest mission’ even if other good ideas or plans come along); Concentration (one-pointed steadfastness in our application of Consciousness without being distracted); Rhythm (rhythmically maintaining our application of Consciousness until finished); and Peace (sealing the entire effort in Peace from the beginning through to its completion to ensure its permanency).

Some Lightservers wonder about the 12 Solar Rays and desire more information about the ‘five hidden Rays.’ Let us explore this. In developing the Seven-fold Consciousness of planetary Christ Self, it is important to know the qualities, attributes and other details of each Ray (color, fragrance, keynote, Chohan, Archangel etc.). This is

similar to learning the individual elements of early math (principles of addition, multiplication, fractions, etc.)

But as we assume the 12-fold Solar Consciousness, the individual Rays become less obvious and fade into the background (as would the principles of early math fade in the face of quantum math). So, as we approach our 12-fold Solar Christ Self, the Wholeness of our God Being (our Sun of the Sun) comes to the fore as our only focus. This is why we have not accentuated the ‘five missing Rays’ that complete ‘the 12-fold Solar Christ nature’ from ‘the Seven-fold planetary Christ self. We still must ascend 51% of the energy passing through our Seven Chakras before we may assume our 12-fold Solar Christ Self. But once there, we focus on the oneness experience rather than its parts. And we refer to this as our Solar Christ Self or our Sun of the Sun ...each one of us Ascended and Free, a dazzling Light Ray in the Cosmic Jewel we call the Gathering of Ascended Humanity or the I AM Race. Say often: “I AM bypassing the ego and, through the Cohesive Power of Divine Love, going directly to the Heart of all Humanity. I AM radiating the Ascension Reality throughout the atmosphere of Earth, giving all life the opportunity of achieving its Divine Potential.”

And SO IT IS, BELOVED I AM!

## ***T*HE ENERGY, VIBRATION AND CONSCIOUSNESS OF THE BELOVED GODDESS OF LIGHT...**

### **THE NATURE OF GOD WITHIN DIVINE LIGHT**

And God said; Let there be Light! Beloved Ones there are several levels of ‘light’ we may talk of. Let us begin with artificial light, as

in the light bulb, which allows us to see our way around the world of form. It does not grow anything but does allow us to see. This makes life much easier. Then there is sunlight which, beyond allowing us to see, is required for all life to grow and develop on the physical level. Humanity depends entirely on the plant kingdom to harness sunlight through photosynthesis, allowing us to maintain embodiment and thus develop Ascended Mastery in the world of form ...our overall purpose for embodiment on Earth.

And then there is Divine Light which has multiple effects on our outer and inner senses. All life needs Divine Light to develop higher levels of Consciousness beyond physical survival...that is, to develop the Spiritual nature. The solar eclipse (of August 1, 08) brought a new orientation to 'the Sun,' that Earth and Humanity receive her Divine Light not only from the Sun in the Heavens, but the Heavenly Sun in our Hearts ...in our Ascended and Free Consciousness operating as a Sun of the Sun! Let us affirm often:

I AM the Resurrection and the Life of a New Sun,  
a New Divine Source within Humanity, for a  
New Age of Spiritual Freedom on Earth!

I AM a Sun of the Sun!  
And SO IT IS, BELOVED I AM!

And further, as we affirm our Victory Statement; 'I AM Ascended and Free ...Together, standing in the Light,' let us examine what we really mean! In Ascended and Free terms 'the Light' means Divine Light, the Light of the Mighty I AM Presence ...that of the Great Universal I AM!

'Together, standing in the Light' is like standing in the most Powerful Forcefield of Cosmic Energy, for 'the Light' contains the seed energy of all necessary force, vigor, and power allowing all creation to reach its Divine Potential. Contemplate this. Standing in the Light of God is like standing at the center of the Mind of God ...as Divine Light contains all the Celestial Intelligence of Universal I AM. It is like standing in the Heart of God, in the Radiance of Cosmic Holy Spirit ...for Divine Light contains all the Celestial Feelings and Cosmic Grace of all 12 Solar Rays ...experienced as the Cohesive Power of Divine Love uniting all life in her Ascended State. This allows our perception of daily life to remain on Ascended and Free levels rather than the mundane ego levels that seem to generate so much distress.

‘Together, standing in the Light’ is like being in the Body of God, at the center of all matter, right in the heart of the Permanent Atom of Creation. For ‘the Light’ contains all the substance of the universe, sub-atomic forces functioning in their formed ‘particle’ state (versus their unformed ‘wave’ state). This Sacred Substance awaits the command of a Divine Intelligence (on Earth) to rush forth into the manifestation of Perfection, expanding the borders of Heaven (on Earth).

The Universe began with a Point of Singularity from which everything was made manifest. Science calls this the primordial atom and Father/Mother God refer to this as the Permanent Atom.<sup>1</sup> Both agree that space and time become infinite at this point of singularity. It is to this ‘point of Divine Union with I AM’ we now return, in order to Ascend out of the constraints of time and space and into our Divine Potential as Celestial Beings beyond time and space (even while yet choosing to serve within ‘form’).

In the beginning, to ensure our Supreme Reality as ‘God-in-Action’ everywhere in the Universe, a replica of Father/Mother God’s Permanent Atom was placed in our own Heart Flame. Space and time also become infinite at this point of singularity ...both in the Heart of the Universe and in our own Heart Flame. Contemplate this! Here again we are (I AM!) Father/Mother God in action on Earth or anywhere in the Universe. ‘Together, standing in the Light’ takes us to the very core of our Heart Flame and therefore the core of Universal I AM! And at this point we stand forth as Supreme God Beings at the Point of Singularity beyond time, space and form.

As I walk through this day,  
I AM supreme God Mastery.  
This is what I was born to be!  
I AM the Rebirth of God Power  
in liberating Perfection here and now!

I AM Ascended and Free Humanity,  
abiding on her Ascended and Free Earth!  
And SO IT IS, BELOVED I AM!

‘Together, standing in the Light’ is a concept containing all of this Perfection and even more, everything to ensure our Divine Potential is realized with certainty. All we need do is invoke this Divine Light

<sup>1</sup>In science, the Big Bang Theory (which is continually being refined) acknowledges a point of singularity from which the Universe expanded outwards and continues to do so (and to which one day it will possibly return to). Singularity is the moment before creation when space and time did not exist. Evidence from physics suggests that from this singularity, an indescribable explosion (or the Great Cosmic Outbreath) created not only fundamental subatomic particles and thus matter and energy, but space and time itself! At the singularity, the four forces of nature; strong nuclear, weak nuclear, electromagnetic and gravity were combined as a single 'super force.' And the rest is history, the history of our universe in regard to the creation of form ...of planets, elemental life forms and humanity.

and allow it to flow un-qualified through our Creative Faculties to manifest our Divine Plan and Purpose ...that is, empty of ego self, one with the Way! Like the origins of the Universe, as we stand Ascended and Free in our Light, we bring formlessness into form, nothingness into somethingness, non-existence into existence. We are Father/Mother God in action in the continual creation of our formless Spiritual Reality.

Standing in the Light brings this same process of the Ascension to any life we draw into that Light. Contemplate this! The Ascension reverses the effect of gravity. Ascension is Cause and gravity is effect. Gravity 'marries us' to third dimensional form. It was necessary for embodiment and the entire Divine Plan of 'Mastery of the realm of form' (the purpose of experiencing embodiment on Earth). Reversing gravity on a physical, etheric, mental and emotional level is now the purpose of Standing in the Light. Just as gravity is an essential foundation of physics of our old dimension, orbit or reality, the Ascension is an essential foundation of physics of the New Dimension, Orbit and Reality of Earth.<sup>2</sup>

#### A COMING POINT OF DIVERSION ...A CHOICE IN USING OUR EXPECTATION AND ACCEPTANCE.

Ascension means that we understand and accept our Spiritual Freedom. Not since the last great Golden Age have there been so many opportunities, through so many avenues, to do so. This is important for there is a coming point of diversion ...where we expect and accept our Spiritual Freedom and the governance of our Divine Consciousness ...or ...we expect continued 'sleeping' of the

soul and thus accept the governance of the human ego (individual or collective). This will reveal a ‘divergence of futures’ within Humanity, one more or less as it is now on the outer screen of life, with evidence of ego consciousness seemingly governing the outcome of many daily affairs ...and the other where Divine Consciousness continually manifests an eternal life of Spiritual Freedom and the Divine Revelations of ‘living in the Light.’

As has been said before by Beloved Saint Germain, it is as if Humanity will gradually awaken into one or the other of these realities. We of course serve the Light so that everyone will choose the Path of Spiritual Freedom. And there are some who will again forsake their own Life on Ascended and Free Earth in order to continue serving those who did not or would not ‘wake up.’ Again, we hold an Immaculate Concept that all will be Victorious, so we may all move into the Light permanently. For this and nothing less than this, is the Divine Plan fulfilled.

But the Ascension requires a certain measure of self intention and illumined choice. It cannot be wholly earned by others praying for you or clearing the way in Consciousness. But between the two, it is very soon within reach for all and in fact, this is exactly what our service is! If we apply our Divine Consciousness standing within the Light and ‘the masses’ commit on their own volition, declaring their will that they expect and accept Spiritual Freedom (in their own simple, unique way) then it is done! And this month is dedicated to claiming that Forcefield of innate goodness within Humanity and letting it speak for Humanity (rather than the illusion of imbalance that ‘seems’ to speak for Humanity).

<sup>2</sup>The four forces of nature as defined by physics are strong nuclear, weak nuclear, electromagnetic and gravity. Science and metaphysics say they came forth at the moment of the creation of the universe, which is at the beginning of form, time and space. We now move onwards to beyond time, space and form through the Ascension.

The key to remaining hopeful, with an air of positive expectation, is that Divine Consciousness has infinite ways of influencing individuals toward their Divine Potential. And the opposite seems to be true ...that ego seems to have endless ways of drawing Humanity down into the imbalance of life. But the bigger truth is that the ego is a ‘false god’, whose direction of creation is only an illusion, and thus temporary. It is false and its time is done! Ego

requires a life sustaining force from Humanity's attention to survive, whereas Divine Light gives Humanity her life essence, sustaining both body consciousness necessary for physical life and Divine Consciousness necessary for ongoing Spiritual evolution.

'Personal transformative revelation' is as unique and variable as is any other part of nature. An insignificant event for one is the 'transformation of a lifetime' for another. Then consider that each of Humanity originally embodied on Earth along one of the Seven planetary Rays. Along each Ray is an opportunity to understand and accept Spiritual Freedom meant only for them (or more general, those like them along their Ray). The Elohim, Archangels and Chohans of each Ray, as well as the Ascended Masters and Angelic Hosts that serve these great Beings, strive endlessly on the 'inner' planes to provide each blessed one along each Ray a unique path back to Divine Potential. None are overlooked, no matter the conditions of their outer lives. Meditate on this!

We do not look for phenomenon to secure this return to Divine Plan. We look instead for inner revelations of mind, body and spirit, the potential of which is all contained in Divine Light. All solutions necessary for Humanity to be entirely guided back to the Light are within the Light. We know from Ascended Master Teachings that all energy, matter and intelligence necessary for every aspect of the Divine Plan are contained with the Light. Now we have an opportunity to accept this Truth and thus manifest it through the Law of Expectation.

So when we visualize all Humanity 'Together, standing in the Light' and especially when we then seal all Humanity in the 'Cohesive Power of Divine Love uniting all life in her Ascended State,' we are truly clearing the way for all Humanity to have the very best chance to make their own intention known to the Universe as choosing the Divine Plan! This Reality is what they will then move forward into.

I know this for I AM standing with you in the Light!  
And SO IT IS, BELOVED I AM!

**THE ENERGY, VIBRATION AND CONSCIOUSNESS  
OF THE SPIRIT OF HEALING AND BALANCE  
WITHIN ASCENDED AND FREE...**

Beloved Cells in the Body of the Cosmic Christ, I speak with you as one of you from the Heart of Ascended and Free Consciousness.

We have explored the Divine nature of Celestial Light and now let us apply this to the Healing and Balance of ourselves and of all Humanity. This is focusing our attention on the details of how ‘Together, standing in the Light’ transforms our body, mind and spirit towards expressing our Solar Christ Self. Allow me to preface these remarks with the understanding that most Lightservers came into this embodiment with a global purpose (of raising up all Humanity) rather than a purpose of personal spiritual growth or even personal healing and balance.

This is partially why some Lightservers may not yet reflect outwardly the perfection they hold in their Heart for the rest of Humanity. Thus we may all prosper with some attention on the healing of our vehicles and their ‘being in balance’ within our daily world, affairs and finances. Just as we have been advised not to focus on phenomena to ‘prove’ the worthiness of our Lightservice, it is equally wise at this point to check our expectations as to what personal healing and balance really means. Consciousness dictates reality. It is Cosmic Law. It follows that invoking and immersing ourselves in Divine Consciousness must then create a certain reality in ourselves reflecting that Divine Consciousness. In living Ascended and Free, abiding in our Flame, standing in its Light, all within the Cohesive Power of Divine Love ...we absolutely heal and balance our vehicles. Why then is it not obvious? The apparent frustration in some of not fully experiencing this may lie in our lack of training in accepting and expecting Divinity in the face of ongoing karmic trials. This may appear to us as ‘the interference of imbalanced energies’ interrupting our efforts.

Can we ‘wake up’ from the karmic dream and accept a New Day has begun in the Light ...while others (and even aspects of ourselves) continue to dream the karmic dream? What may help in accomplishing this is reviewing the details of how the Light works on the physical, etheric, mental and emotional levels of our daily existence and how close we are to experiencing our Ascension.

As we’ve learned, Ascension reverses the effect of gravity in our physical, etheric, mental and emotional form and function. The Light lifts us up in Energy, Vibration and Consciousness into the youth, beauty, health and wellness of our indestructible Light Body. This is the Purpose, Cause and Revelation we desire to hold before Humanity. This has been the promise of all Ascended and Free Teachers who have ever graced Humanity with their Light. And as the old age ends and our New Age of Spiritual Freedom takes form, we realize our time for personal healing and balance has come!

Let us begin with the physical body and its experience. This is in some fashion the reverse of where we might start, as the physical form is but the ‘repository’ of what we think, feel and remember. But it seems most important to many Lightservers that their physical body somehow reflect their Spiritual efforts with Light and Sacred Fire.

It may help to visualize the dazzling white Ascension Flame coursing through our ‘liquid crystalline continuum,’ the crystalline nature of the connective tissue holding our body together.<sup>3</sup> When seen as a ‘fluid crystal,’ it literally ‘holds us in the Light.’ This is the avenue for applying Sacred Fire through the body and from there into the consciousness ...even as we may also apply Sacred Fire directly into the consciousness and from there allow it to affect the body.

Therefore, let us see, feel and deeply acknowledge that we are wrapped in the Light in a most physical, tangible fashion. The liquid crystalline continuum not only wraps our entire body but enfolds (gathers together) every organ system, as for example the wrappings of the brain. Let us see and feel our brain (and every organ) continuously enfolded by Divine Light, embodied in its very coverings. The Light from the Sacred Fire in the Heart is stored in the liquid crystalline continuum and is a continuous source of physical Ascension of every cell, atom and electron within it.

On the etheric level let us see the Light passing from the Heart Flame to the Chakra Centers along the spine. Here we visualize a Central Sun (the Heart Flame where the Light is anchored from all levels of our Divine Being ...Solar Christ Self, Mighty I AM Presence and White Fire Being) and it's Seven Suns (the Seven Chakras, each expressing their Divine Mandala of perfect function). From here the Light flows into our Solar Meridians and out to every cell, atom and electron of our being. Here we duplicate the Universe of Father/Mother God, from a Central Sun to every Sun (Chakra) and then every Sun of the Sun (cell) within their System. Truly we are made in the image and likeness of God!

On the mental level we practice emptying our mind of ego thoughts ...that is, any thought that brings us less than Peace. This requires practice, patience and an acceptance that we may achieve this even if our mind continues to generate ego thoughts. But now in our Ascended and Free Consciousness these no longer disturb us. We have a detached awareness of them while truly engaged only with the Light, experiencing the Divine Plan. Filling this vacuum of an 'empty mind' will be a soft Golden Light that resembles the 'halo' seen with the Saints. This simply represents the Mind of God operating on Earth.

On the emotional level let us practice expectation and acceptance. Even as ego illusion bombards us, this is choosing to maintain an aura of heightened expectation of perfection and a continual acceptance of such, that it is real and is happening ...even in the face of a competing 'ego experience' (disease or distress). Let us choose our Ascended and Free Reality, rather than a lesser reality choosing us.

This is Healing. This is Balance.  
And, SO IT IS, BELOVED I AM!

<sup>3</sup>Our liquid crystalline continuum is principally our connective tissue, which is composed of the most abundant protein in the body, collagen. When collagen is properly hydrated with water, the combination conducts bio-electrical energy like a crystal. Acupuncture points are like windows into this lattice-like bio-electrical system. It is the very essence of our embodied reality.